



BE HEALTHY. BE SAFE. BE READY.

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In Consultation with:

- American Cancer Society
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- HealthPartners
- Humphrey Cancer Center
- Neighborhood House
- Sage Screening Program
- Minnesota Department of Health
- WellShare International
- West Side Community Health Services
- University of Minnesota
- Masonic Cancer Center

Wixii faahfaahin dheeraad ah oo ku saabsan Ogaanshaha, Ka-hortagga, iyo Daaweynta Kansarka Naasaha, fadlan ka eego barta intarnetks ee [www.echominnesota.org](http://www.echominnesota.org).

Si aad u hesho cajalad DVD oo ah barnaamijkan la soo xiriir: [info@echominnesota.org](mailto:info@echominnesota.org)

Wixii faahfaahin dheeraad ah oo ku saabsan hawlaha ECHO la soo xiriir Lillian McDonald, Executive Director c/o Association of Minnesota Counties 125 Charles Avenue, Saint Paul, MN 55103 651-789-4342, [info@echominnesota.org](mailto:info@echominnesota.org) [www.echominnesota.org](http://www.echominnesota.org)



Breast Cancer Flyer: SOMALI

# Kansarka Naasaha: Ogaanshaha, Ka-hortagga, iyo Daaweynta

## Waxa aad u baahan tahay in aad ogaato

Waxaa wanaagsan oo aad loo hubaa in ay haweenka fahamsan kansarka naasaha haystaan fursado badan oo ah ka-hortagga ama daaweynta xanuunkaas.

ECHO (Emergency, Community and Health Outreach) wuxuu ku faraxsan yahay inuu soo saari doono barnaamij taleefashin ah oo si gaar ah loogu soo qaadan doono macluumaadka muhiimka ah ee khuseeya ogaanshaha, ka-hortagga, iyo daaweynta loo sameeyo dadka aan ku hadlin af Ingiriiska fiican ee ku nool gobolka oo dhan. Barnaamijkan gaarka ah waxa uu ku bixi doonaa afar luuqadood, waxaana laga soo soo saari doonaa janelka tpt ee la yiraahdo Minnesota Channel:

### Axad, 3-da Oktoobar: Axad, 10-ka Oktoobar:

Spanish 7:00 fiidnimo.

Hmong 7:00 fiidnimo

### Axad, 17-ka Oktoobar: Axad, 24-ka Oktoobar:

Somali 7:00 fiidnimo

Captioned/Eng 7:00 fiidnimo

Daawadayaashu waxa ay baran doonaan macluumaad muhiim ah oo ku saabsan kansarka naasaha, kuwaasoo isugu jira: muxuu yahay xanuunkaasi, sidee loo daaweeyaa, sidee loogu dedaalaa in uusan xanuunkaasi kugu dhicin, iyo sidee lagu helaa ama loogu xirnaadaa macluumaadka xanuunkaas khuseeya ee loo diyaariyey haweenka iyo qoysaska.

“Barnaamijka Kansarka Naasaha: Ogaanshaha, Ka-hortagga, iyo Daaweynta” – waxaa la heli karaa isaga oo ku baxaya luuqado badan

Nala Soco: